

April 2025



Peachland Wellness Centre  
4475 4th Street, Peachland, BC, V0H 1X6

Phone: 250-767-0141 email: wellnesscentre@telus.net web: www.peachlandwellnesscentre.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<b>COMMUNITY GARDENS SPACE STILL AVAILABLE</b>	<b>Bereavement Support Group Resumes Monday March 31st</b> <b>Please call to register</b> <b>Income Tax Preparation every Tuesday 9:00 AM to noon in April. Appt. required.</b>	<b>10:30 AM</b> Ladies Coffee & Cards <b>1:00 PM</b> Men's Coffee	<b>10:00 AM</b> Tai Chi <b>1:00 PM</b> Sunshine Singers	<b>9:00 AM</b> Adult Day Service	<b>Office Closed</b>	
6	7	8	9	10	11	12
	<b>9:00 AM</b> Adult Day Service  <b>1:00 PM</b> Ladies Coffee Social.  <b>1:30 - 3:00 PM</b> - LSH - Bereavement	<b>10:30 PM</b> Ladies Coffee & Cards <b>10:00 AM</b> Parkinson's Support Group. At LSH  <b>1:00 PM</b> Men's Coffee & Crib	<b>10:00 AM</b> Tai Chi  <b>1:00 PM</b> Sunshine Singers	<b>9:00 AM</b> Adult Day Service	<b>Office Closed</b>	
13	14	15	16	17	18	19
	<b>9:00 AM</b> Adult Day Service  <b>1:00 PM</b> Ladies Coffee Social.  <b>1:30 - 3:00 PM</b> - LSH - Bereavement	<b>10:30 AM</b> Ladies Coffee & Cards  <b>1:00 PM</b> Men's Coffee & Crib	<b>10:00 AM</b> Tai Chi  <b>1:00 PM</b> Sunshine Singers	<b>9:00 AM</b> Adult Day Service  <b>1:00 PM</b> Wellness Circle - Life Doula	<b>Office Closed</b>	
20	21	22	23	24	25	26
<b>Easter Lunch 12:00 - 2:00 PM</b>	<b>EASTER MONDAY CLOSED</b>	<b>10:30 AM</b> Ladies Coffee & Cards  <b>1:00 PM</b> Men's Coffee & Crib	<b>10:00 AM</b> Tai Chi  <b>1:00 PM</b> Sunshine Singers	<b>9:00 AM</b> Adult Day Service	<b>Office Closed</b>	
27	28	29	30			
	<b>9:00 AM</b> Adult Day Service  <b>1:00 PM</b> Ladies Coffee Social.  <b>1:30 - 3:00 PM</b> - LSH - Bereavement	<b>10:30 AM</b> Ladies Coffee & Cards  <b>1:00 PM</b> Men's Coffee & Crib	<b>10:00 AM</b> Tai Chi  <b>1:00 PM</b> Sunshine Singers			