

March 2025



Peachland Wellness Centre
 4475 4th Street, Peachland, BC, V0H 1X6
 Phone: 250-767-0141 email: wellnesscentre@telus.net web: www.peachlandwellnesscentre.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COMMUNITY GARDENS RESERVATIONS MARCH 3 - 31	Bereavement Support Group Resumes Monday March 1st Please call to register	Income Tax Preperation call Wednesdays for an appointment				1
2	3 9:00 am Adult Day Service 1:00 pm Ladies Coffee Social.	4 10:30 am Ladies Coffee & Cards 1:00 p.m. Men's Coffee & Crib	5 10:00 am Tai Chi 1:00 pm Sunshine Singers	6 9:00 am Adult Day Service	7 Office Closed	8
9	10 9:00 am Adult Day Service 1:00 Ladies Coffee Soc.	11 10:00 am Parkinson's Support Group. At LSH 10:30 a.m.Ladies Coffee & Cards 1:00 pm Men's Coffee & Crib	12 10:00 am Tai Chi 1:00 pm Sunshine Singers	13 9:00 am Adult Day Service	14 Office Closed	15
16	17 9:00 am Adult Day Service 1:00 Ladies Coffee Soc. 	18 10:30 a.m.Ladies Coffee & Cards 1:00 pm Men's Coffee & Crib	19 10:00 am Tai Chi 1:00 pm Sunshine Singers	20 9:00 am Adult Day Service 1:00 pm Wellness Circle	21 Office Closed	22
23 8:00 to 11:00 Jerry Dober Breakfast	24 9:00 am Adult Day Service 1:00 Ladies Coffee Soc.	25 10:30 a.m.Ladies Coffee & Cards 1:00 pm Men's Coffee & Crib	26 10:00 am Tai Chi 1:00 pm Sunshine Singers	27 9:00 am Adult Day Service	28 Office Closed	29
30	31 9:00 am Adult Day Service 1:00 pm Ladies Coffee Soc					